



TSHWANE OPPIE BOL

HALF MARATHON



21.1KM

06:00 AM

10KM

06:15 AM

5KM

08:00 AM

1.6KM

08:00 AM

SAVE THE DATE

**VALHALLA PRETORIA
07 NOVEMBER 2026
AGN LEAGUE RACE**

ENTRY FEE:

21.1KM RACE - R220

10KM RACE - R150

5KM RACE - R100

1.6KM DREAM MILE - R80

TEMPORARY LICENCE - R70

PLEASE CONTACT

CAZLE HENDRICKS

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DIMAKATSO SHILANGU

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ONLINE ENTRIES:



<https://www.entryninja.com/events/83768-oppie-bol-2026>



MEDALS TO ALL FINISHERS!
IN SUPPORT OF DISABILITY AWARENESS MONTH



**Athletics
Gauteng North**



**CITY OF
TSHWANE
IGNITING EXCELLENCE**



Prize Money

No category tag, no prize money

| 21KM MEN/WOMEN | | | | | | | | |
|----------------|----------|---------|---------|---------|---------|---------|---------|--------------------|
| POSITION | OPEN | JNR | WALK | 50-59 | 60-69 | 70-79 | 80+ | VETERAN 40 - 49 |
| 1ST | R1500.00 | R100.00 | R100.00 | R100.00 | R100.00 | R100.00 | R100.00 | R200.00 |
| 2ND | R1000.00 | R150.00 | R100.00 | VOUCHER | VOUCHER | VOUCHER | VOUCHER | 100.00 |
| 3RD | R800.00 | VOUCHER | VOUCHER | VOUCHER | VOUCHER | VOUCHER | VOUCHER | VOUCHER |

| 5KM MEN/WOMEN | | |
|---------------|----------|------------|
| POSITION | OPEN MEN | OPEN WOMEN |
| 1ST | R100.00 | R100.00 |
| 2ND | R150.00 | R150.00 |
| 3RD | VOUCHER | VOUCHER |

| 10KM MEN/WOMEN | | | | | | | | |
|----------------|----------|---------|---------|---------|---------|---------|---------|--------------------|
| POSITION | OPEN | JNR | WALK | 50-59 | 60-69 | 70-79 | 80+ | VETERAN 40 - 49 |
| 1ST | R1000.00 | R150.00 | R150.00 | R150.00 | R150.00 | R150.00 | R150.00 | R150.00 |
| 2ND | R800.00 | VOUCHER | VOUCHER | VOUCHER | VOUCHER | VOUCHER | VOUCHER | VOUCHER |
| 3RD | R500.00 | VOUCHER | VOUCHER | VOUCHER | VOUCHER | VOUCHER | VOUCHER | VOUCHER |

| WHEELCHAIR RACE MEN/WOMEN | | | | |
|---------------------------|-------------|-----------|----------|------------|
| POSITION | 21.1KM OPEN | 10KM OPEN | 5KM OPEN | 1.6KM OPEN |
| 1ST | R1500.00 | R1000.00 | R200.00 | R100.00 |
| 2ND | R1000.00 | R800.00 | R150.00 | R50.00 |
| 3RD | R800.00 | VOUCHER | VOUCHER | VOUCHER |

RACE RULES AND INFORMATION

- The entrants will participate under the rules of ASA and AGN; it is the entrant's responsibility to familiarise themselves with the rules.
- Athlete participate at own risk and indemnify organisers, sponsors, provincial and national bodies against any claims that may arise.
- Licensed athletes must wear their 2026 licences at the back and front of their vests participating in the 21.1km & 10km races.
- Unlicensed athletes in the 21.1km & 10km races must purchase temporary licences and wear it on the back of the vest.
- Race numbers must be worn on the front. The race number must not cover the logo on the ASA licence number.
- Athletes competing for age category prizes must display the official numeric age category tags on the front and back of their vests.
- Minimum age for participants in the 21.1km is 16 years and in the 10km is 14 years on the race day.
- All category winners must provide proof of age to qualify for prizes.
- Marshalls and Traffic Officials must be obeyed at all times. Failure to comply with their instructions may lead to immediate disqualification.
- No seconding is allowed during the race or listening devices are allowed during the race.
- Club Gazebos are permitted at the venue – please put up in the morning of the race, from 04h00.
- Entry fees will not be refunded, returned, cancelled or exchanged on account of the weather or any unforeseen circumstances beyond the control of the event organisers.
- Cut-off lines; 21.1km: 3hours & 10km: 2hours.
- Tog Bag Area will be available.
- No Tog Bag Area Available, please make own arrangements.
- No pets allowed. (only guide dogs).
- Refreshment points 2-3km intervals along the route.
- Medical support will be available.
- International Foreign Athletes: must purchase temporary licenses, must be able to produce clearance from member federation if competing for prizes.

SUPPORTED



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SPORT, ARTS, CULTURE AND RECREATION
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